

North Carolina Medical Board  
Wellness and Burnout Workgroup  
May 20, 2021

Workgroup Members: Christine M. Khandelwal, DO, Chair; Damian McHugh, MD; Howard Hall, MD; Karen Burke-Haynes, MD; Elizabeth Meredith, JD

1. Old Business

- a. Review of current license applications for consistency with FSMB recommendations
  - i. Application questions, (Meredith, JD)
- b. NCMB website content assessment update, (Dr. McHugh)
- c. Comparison of the NCMB's processes with FSMB Guidelines, (Burke-Haynes, MD)
  - i. Spreadsheet FSMB recommendations
  - ii. State Survey on Physician Wellness and Burnout
  - iii. Spreadsheet Wellness 50 state survey (Meredith, JD)
- d. Review of National Academy of Medicine Recommendations, (Burke-Haynes, MD)
- e. Use of terminology: Physician vs Provider – Provider confirmed. Official acronym for the workgroup selection: WBW
- f. Share a compendium of research resources - in progress.

2. New Business

- a. Presentations
  - i. Dr. Walker, DO – FSMB guidelines committee.
  - ii. PHP – Wellness and Burnout update
- b. Next Steps